

# TOHOKU Easy Access Map

## Time From Tokyo to each major city

By Train	Tokyo	Tohoku Shinkansen	Shin Aomori	3hr 20min
	Tokyo	Akita Shinkansen	Akita	3hr 50min
	Tokyo	Tohoku Shinkansen	Morioka	2hr 21min
	Tokyo	Tohoku Shinkansen	Sendai	1hr 35min
	Tokyo	Yamagata Shinkansen	Yamagata	2hr 30min
	Tokyo	Tohoku Shinkansen	Fukushima	1hr 30min
	Tokyo	Joetsu Shinkansen	Niigata	1hr 40min

JR East: East Japan Railway Company  
<http://www.jreast.co.jp/e/index.html>

By Airplane	Haneda	JAL	Aomori	1hr 20min
	Haneda	JAL	Misawa	1hr 20min
	Haneda	ANA-JAL	Akita	1hr 05min
	Haneda	ANA	Odatenoshiro	1hr 10min
	Narita(Tokyo)	ANA-IBX	Sendai	1hr
	Haneda	JAL	Yamagata	1hr 05min
	Haneda	ANA	Shonai	1hr

Haneda Airport Terminal BIG BIRD  
<http://www.tokyo-airport-bldg.co.jp/en/>  
 Narita International Airport  
<http://www.narita-airport.jp/en/index.html>

## Time from each major city to neighbor cities

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|--|---|
| <b>1</b> Shin Aomori⇄Hachinohe                     | <b>11</b> Sendai⇄Fukushima                                      |
| ●JR Tohoku Shinkansen...23min                      | ●JR Tohoku Shinkansen...23min                                   |
| <b>2</b> Aomori⇄Hirosaki                           | ●Highway Bus (JR Bus/Miyagi Kotsu/Fukushima Kotsu) ...1hr 20min |
| ●JR Express TSUGARU...34min                        | <b>12</b> Yamagata⇄Fukushima                                    |
| <b>3</b> Morioka⇄Hachinohe                         | ●JR Yamagata Shinkansen...1hr 09min                             |
| ●JR Tohoku Shinkansen...29min                      | <b>13</b> Fukushima⇄Koriyama                                    |
| ●Highway Bus (Nambu Bus/HASSE Express)...2hr 20min | ●JR Tohoku Shinkansen...13min                                   |
| <b>4</b> Hirosaki⇄Akita                            | ●Highway Bus (Fukushima Kotsu)...1hr 10min                      |
| ●JR Express TSUGARU...2hr 02min                    | <b>14</b> Koriyama⇄Aizuwakamatsu                                |
| <b>5</b> Morioka⇄Akita                             | ●JR Ban'etsu West Line...1hr 10min                              |
| ●JR Akita Shinkansen...1hr 30min                   | <b>15</b> Aizuwakamatsu⇄Niigata                                 |
| <b>6</b> Morioka⇄Ichinoseki                        | ●Highway Bus (Aizu Bus/Niigata Kotsu)...2hr                     |
| ●JR Tohoku Shinkansen...37min                      | <b>16</b> Sakata⇄Niigata  |
| <b>7</b> Akita⇄Sakata                              | ●JR Express INAHO...2hr 07min                                   |
| ●JR Express INAHO...1hr 32min                      | <b>17</b> Niigata⇄Echigo yuzawa                                 |
| <b>8</b> Ichinoseki⇄Sendai                         | ●JR Joetsu Shinkansen...44min                                   |
| ●JR Tohoku Shinkansen...31min                      |   |
| <b>9</b> Sendai⇄Yamagata                           |   |
| ●JR Senzan Line...1hr 13min                        |   |
| ●Highway Bus (Miyagi Kotsu/Yamako Bus)...1hr 05min |   |
| <b>10</b> Yamagata⇄Sakata                          |   |
| ●Highway Bus (Shonai Kotsu/Yamako Bus)...2hr 30min |   |

JR East: East Japan Railway Company  
<http://www.jreast.co.jp/e/index.html>  
 JR Bus Tohoku Co.,Ltd.  
<http://www.jrbustohoku.co.jp/>  
 Nambu Bus Co.,Ltd.  
<http://www.nanbus.co.jp/index.html>  
 Miyagi Transportation Co.,Ltd.  
<http://www.miyakou.co.jp/>  
 Yamako Bus Co.,Ltd.  
<http://www.yamakobus.co.jp/>  
 Fukushima Transportation Inc.  
<http://www.fukushima-koutu.co.jp/>  
 Niigata Kotsu Co.,Ltd.  
<http://www.niigata-kotsu.co.jp/>

By Airplane	
Seoul	→ 1hr 55min
Shanghai	→ 2hr 35min
Harbin	→ 2hr 10min
Vladivostok	→ 1hr 40min
Khabarovsk	→ 2hr 10min
Guam	→ 3hr 55min

By Airplane	
Seoul	→ 2hr 10min
Guam	→ 3hr 55min
Beijing	→ 4hr 50min
Shanghai	→ 2hr 50min
Dalian	→ 2hr 30min
Changchun	→ 2hr
Taipei	→ 3hr

By Airplane	
Seoul	→ 2hr 10min
Shanghai	→ 2hr 40min

